

## VOLUNTEERING

We have many opportunities for volunteering. Some of the ways you can help are listed below. For more information call our volunteer hotline at (615) 312-1544 or log onto our website at [www.nashvillerescuemission.org](http://www.nashvillerescuemission.org) to fill out a volunteer application today.

- Electricians
- Plumbers
- Lawyers
- Painters
- Floor Care
- Phone Answering
- Furniture Repair
- Sewing
- Admin. Assistant
- Computer Repair
- Athletic Activities
- Clothing Sorting
- Photography
- Data Input
- Graduation Gifts
- Clean Bathrooms
- Clean Parking Lot
- Childcare
- Cook
- Bible Study Leader
- Food/Clothing Drives
- Landscaping
- Fund Raising
- Painting
- Lawn Work
- Serve Meals
- Prep Meals
- Clean Trays, Dishes & Tables
- Teach Classes
- Playground Supervisor
- Arts & Crafts
- Barber
- Medical Doctor
- Dentist
- Nurse
- Computer Tutor
- Chaplain
- English, Reading & Math Tutors
- Tour Guide
- Mentor
- Librarian

## WAYS TO DONATE

### Donate Online

[www.nashvillerescuemission.org](http://www.nashvillerescuemission.org)

### Donate by Phone or Mail

To donate by phone call (615) 312-1532. To donate by mail, fill out the printable donation form available on our Web site and drop it in the mail.

### Creative & Planned Giving

You may also consider a donation of one of the following tax-deductible gifts: Appreciated Securities, Vehicles and Real Estate. To donate any of these items, please call (615) 255-2475.

### Donation Center

Please donate non-cash gifts to the Mission's Donation Center located at 616 7th Avenue South, open Monday through Saturday from 7:00 a.m. until 7:00 p.m.

### Giving via United Way

Although the Mission doesn't solicit funds from United Way, you can designate your United Way gift to the charity of your choice. The Mission's donor choice number is 7009.

## STAY CONNECTED

Sign up online to receive the monthly Nashville Rescue Mission e-newsletter at [www.nashvillerescuemission.org](http://www.nashvillerescuemission.org).

**Our Mission:** Following God's command to love our neighbor as ourselves, the Nashville Rescue Mission seeks to help the hurting of Middle Tennessee by offering food, clothing and shelter to the homeless and recovery programs to those enslaved in life-degrading problems. Our goal is to help people know the saving grace of Jesus, and through Him gain wisdom for living, find fulfillment in life and become a positive part of their community.



# CHANGING LIVES



639 Lafayette Street | Nashville, TN 37203  
(615) 255-2475 | [www.nashvillerescuemission.org](http://www.nashvillerescuemission.org)





## OUR MINISTRIES

### **Barnabas House**

The Barnabas House is a Christian ministry seeking to help men ages 25 and older recover from self-destruction and addiction. The residential program is seven months in length and requires a high level of accountability as participants go about their day in classes, meetings, counseling, devotions, chores and recreation. After graduating from the program, there is an option to live in transitional housing for a nominal rent until their financial and personal affairs are settled.

### **Anchor Home**

The Anchor Home is a biblically-based program, providing an opportunity for men between the ages of 18 and 24 to develop spiritual, physical, mental and emotional skills leading to a successful life and productive citizenship.

### **Carl Resener Men's Shelter**

The Carl Resener Men's Shelter provides Christian support and guidance to homeless men in the greater Nashville area, while also supplying for their physical needs of food, shelter and clothing.

### **Family Life Center**

The Family Life Center provides Christian support and guidance to homeless women and children in Middle Tennessee. Here, women and children receive food, clothing, shelter and protection from the streets of Nashville and can be connected to many helpful resources.

### **Hope Center**

The Hope Center is a biblically-based seven month residential recovery program for women suffering from alcohol and drug addictions or other life-debilitating problems. The Hope Center works together with a mother and her children or single women to build spiritual, physical, mental and emotional strengths leading to more stable relationships and recovery.

### **Education**

The Education program provides men and women in our life-recovery programs opportunities to improve their academic and employment skills. While some clients prepare to take their GED exams, others are taught basic arithmetic and literacy. Also offered are classes in work orientation, computer software, finances and commercial driving.

### **Travelers Aid**

Travelers Aid provides bus passes and guidance to stranded men and women, helping them find refuge from the streets and return to friends and family outside of the Nashville area.

### **Medical Clinic**

The clinic is set up to meet the physical and medical needs of homeless clients with minor medical and emergency care. Volunteer physicians and medical personnel create a climate in which the gospel can be shared with persons seeking healing for their bodies.



Thanks to you, more than 540,000 meals and 220,000 nights of safe rest were provided to the poor, hungry and homeless of Middle Tennessee in the last year.